



Class Schedule

08:00 am – 08:30 am	Arrival (self-study or backyard activities ball games and such)
08:30 am – 09:00 am	Study on Wisdom by The Heart of Wisdom-Proverbs
09:00 am – 10:00 am	Reading of the Apologia A&P (with group discussion) / Review
10:00 am – 10:15 am	Break and movement time
10:15 am – 11:00 am	Project based learning: Anatomy and Physiology Reading of the Apologia A&P with group discussion
11:00 am – 12:00 pm	Anatomy and Physiology Project Groups/ Lab
12:00 pm – 01:00 pm	Lunch and Physical Movement (backyard games, indoor board games if bad weather)
01:00 pm – 02:00 pm	Nutrition – Apologia
02:00 pm – 03:00 pm	Nutrition Lab
03:00 pm – 04:00 pm	First Aid/ CPR AHA
04:00 pm – 05:00 pm	Music theory 30 min in “Just the Facts” grade level books and 30 min hands on practice and games.